

SPRINTNews

A newsletter for SPRINT clients – December 2009

Helping People Live at Home Safely

Information Desk: (416) 481-6411



*The SPRINT Board of Directors, volunteers
and staff
wish you a wonderful holiday season &
a happy & healthy 2010!*

SPRINT clients enjoy festive dining events throughout December

Sarah Singh, Senior Director, Community Services

As the end of year approaches, we hear many people talk about how busy they are getting ready for the holidays. Maybe you are among them. Are you doing some extra baking? Looking forward to visits from out-of-town children, grandchildren and even great-grandchildren? Maybe you have special china dishes you wish to wash and set out in December! On the other hand, you may be among the many SPRINT clients who cherish wonderful memories from Decembers long ago. Yet, you can't help but feel a sense of loneliness during these last weeks of the year. I realize, our staff can't fill the place of a loved one or a dear friend who is no longer able to visit. However, I do want you to know our staff care. This month, I am especially proud of our Community Dining team, including our volunteers, who are organizing many special events in the weeks ahead. I encourage you to attend one of these festive programs. You can call our Information Desk and ask for the community dining department to learn more about upcoming events. Happy holidays!

SPRINT loves volunteers!

- December 5th is International Volunteer Day

Did you know that 350 people choose to be volunteers at SPRINT every year?

Programs such as community dining, meals on wheels, friendly visiting or telephone assurance simply couldn't operate without our volunteers. We also thank the volunteers who help with administrative tasks in our head office.

There are no 'typical' volunteers at SPRINT. They are of all ages and all walks of life. Some are high school students completing community service hours. Others are enjoying retirement, but wish to keep active in the community.

We thank all our volunteers on International Volunteer Day and wish them a happy 2010!



Meals on wheels team getting ready for winter months

Eileen McGeean, meals on wheels supervisor, and her team are planning for another

*winter of delivering the hot and tasty meals you enjoy! Last year, the team was able to deliver **365 days** of the year through snow, sleet and rain. We rely heavily on our volunteers to make this happen. Please, do*

let our volunteers know that you appreciate the extra effort required to make deliveries during harsh winter weather. Also, if you already know you will be gone for parts of the holidays and won't need meal deliveries, please let Eileen know as soon as possible. She can be reached (416) 481-6411, extension 251. You can also start meal delivery by call Eileen. Thank you!

Individuals from all walks of life remember SPRINT in their Last Wills.

SPRINT is genuinely touched when a client decides to mention our agency in a Last Will. It confirms that we are making a real difference in the lives of our clients. It also tells us that our clients wish others to benefit from our services in the future.

The bequests we receive help us keep our promise to provide subsidies to eligible individuals who are unable to pay for services.

- ✓ If you do not yet have a Will, you can talk to a lawyer to decide how to arrange a bequest for SPRINT.
- ✓ If you already have a Will, you don't need to rewrite it to include a bequest. It is relatively easy and inexpensive for a lawyer to add 'a codicil' to your Will which explains your desire to support SPRINT.
- ✓ If your situation would change in the future, you can always modify your Will.

For more information, call Nandy Heule at **(416) 481-0669, ext. 248** or Executive Director Jane Moore at ext. 244. We warmly welcome your call.



Toronto  **RIDE**

Do you need a ride to a medical appointment? Call the SPRINT transportation department at **(416) 481-6411**



A United Way Member Agency

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